



### [Crisis Chat](#)

Washington County Schools is committed to providing resources to all students and families to ensure emotional well-being, healthy living, and wellness in all aspects of one's life. As such, we have partnered with Integrated Family Services to provide Crisis Chat. Crisis Chat is available for all staff, students, parents, family, and friends and offers online emotional support 24 hours a day, 7 days a week. Any life issues may be discussed utilizing the Crisis CHAT line. The goal of Integrated Family Services Crisis Chat line is to help you and others reduce stress and feel empowered to make healthy decisions.

School Counselors and School Social Workers at each school also have access to this information and other resources that may assist our families. Please feel free to contact your school counselor or Social Worker if you have questions or need more information.

To utilize this free service, simply go to

[www.integratedfamilyservices.net](http://www.integratedfamilyservices.net)

and click the **"chat with us"** icon at the top right of the page.

or

Call 866.437.1821